Creating a Winning Culture

Wed Nov 11, 2020
12:00pm to 1:15pm
(via Zoom)

Tired of being surrounded by apathy? Tired of feeling like you’re the only one rowing in the right direction? Learn the secrets to finding the RIGHT people to win.

Instructor: Patty Durell, Founder and CEO, Rock Solid Fitness (Dunedin, Florida)

Register through the Employee Learning Center at www.princeton.edu/training

Patty Durell, LPTA, CCS, is an exercise and self-care coach who is extremely passionate about empowering and challenging people to be their best. She is also the Founder and CEO of Rock Solid Fitness, a thriving personal-training studio in Dunedin, Florida. Patty is a Master Level Personal Trainer, Certified Conditioning Specialist and Licensed Physical Therapist Assistant.