

STEPHENS FITNESS CENTER HOURS OF OPERATION NOVEMBER 2019



SUN	MON	TUE	WED	THU	FRI	SAT
					6:00a - 7:45p	12:00p - 7:45p
					FALL RECESS	FALL RECESS
12:00p - 9:45p DAYLIGHT SAVINGS TIME	6:00a - 11:45p	6:00a - 11:45p	6:00a - 11:45p	6:00a - 11:45p	6:00a - 9:45p	8:00a - 9:45p
FALL RECESS ENDS	CLASSES RESUME					
8:00a - 11:45p	6:00a - 11:45p	6:00a - 11:45p	6:00a - 11:45p	6:00a - 11:45p	6:00a - 9:45p	8:00a - 9:45p
	1000-PT Challenge II Begins Body Fat Screening I	Body Fat Screening I	Body Fat Screening I	Scale Washington Monument Body Fat Screening I	Body Fat Screening I	
8:00a - 11:45p	6:00a - 11:45p	6:00a - 11:45p	6:00a - 11:45p	6:00a - 11:45p	6:00a - 9:45p	8:00a - 9:45p
8:00a - 11:45p	6:00a - 11:45p	6:00a - 7:45p	6:00a - 7:45p	CLOSED THANKSGIVING	CLOSED UNIVERSITY HOLIDAY	12:00p - 7:45p
	Battle of the Bulge Weigh-In T-Giving Pumpkin Puzzler	Battle of the Bulge Weigh-In T-Giving Pumpkin Puzzler	Battle of the Bulge Begins THANKSGIVING RECESS	THANKSGIVING RECESS	THANKSGIVING RECESS	THANKSGIVING RECESS